

August 2025



Activity Center for Older Adults

901 Lincolnway, La Porte IN 46350

phone: 219-326-5354

email: seniorcenter@cityoflaportein.gov

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|---|---|---|--|----------|
| 27 | 28 | 29 | 30 | 31 | 1 10 a.m. Exercise 11 a.m. Wii Bowling & Pizza | 2 |
| 3 | 4 10 a.m. Exercise 12:30 p.m. Pinocle 1 p.m. Mahjong | 5 9 a.m. Painting 12:30 p.m. Pinocle 1 p.m. Mahjong | 6 10 a.m. Exercise 10:30 a.m. Crafts 12:30 & 6 p.m. Euchre | 7 1 p.m. Bunco/LRC/Bridge | 8 10 a.m. Exercise | 9 |
| 10 | 11 10 a.m. Exercise 10:30 a.m. Dominoes 12:30 p.m. Pinocle 1 p.m. Mahjong | 12 9 a.m. Painting 12:30 p.m. Pinocle 1 p.m. Mahjong | 13 10 a.m. Exercise 10:30 a.m. BINGO 12:30 & 6 p.m. Euchre Mobile Library | 14 1 p.m. Bunco/LRC/Bridge | 15 10 a.m. Exercise 10:30 a.m. Movie & Lunch | 16 |
| 17 | 18 9:30 Coffee w/ Evan 10 a.m. Exercise 12:30 p.m. Pinocle 1 p.m. Mahjong | 19 9 a.m. Painting 12:30 p.m. Pinocle 1 p.m. Mahjong | 20 10 a.m. Exercise 12:30 & 6 p.m. Euchre | 21 1 p.m. Bunco/LRC/Bridge Noon Nutrition for Seniors Workshop | 22 10 a.m. Exercise | 23 |
| 24 | 25 10 a.m. Exercise 10:30 a.m. Dominoes 12:30 p.m. Pinocle 1 p.m. Mahjong | 26 9 a.m. Painting 12:30 p.m. Pinocle 1 p.m. Mahjong | 27 10 a.m. Exercise 10:30 a.m. Blood Pressure Screenings 12:30 & 6 p.m. Euchre Mobile Library | 28 1 p.m. Bunco/LRC/Bridge | 29 9 a.m. Massage Therapy 10 a.m. Exercise | 30 |
| 31 | 1 | 2 | 3 | 4 | 5 | 6 |

9 a.m. Coffee Hour daily

**EVERY TUESDAY
10:30 a.m.-2:30 p.m.
Foodie Tuesdays
Unity Park**

| Hours | Groups |
|----------------------|--|
| Mon 9 a.m. – 4 p.m. | <u>Board Games</u> - please call <u>Exercise</u> - Mon, Wed, Fri |
| Tue 9 a.m. – 4 p.m. | <u>Bridge</u> - Thu <u>Mahjong</u> - Mon & Tues |
| Wed 9 a.m.–8:30 p.m. | <u>Bunco/LRC</u> - Thu <u>Pinocle</u> - Mon & Tues |
| Thu 9 a.m. – 4 p.m. | <u>Dominoes</u> - 1st & 3rd Mon <u>Uno</u> - please call |
| Fri 9 a.m. – 11 a.m. | <u>Euchre</u> - Wed <u>Wii Bowling</u> - 1st Fri |