



JUNIOR REC GYMNASTICS

UPCOMING 2024 SESSIONS!



Please visit www.laporteparkandrec.com for more details & class updates.

\$90

*Classes held at the
Civic Auditorium,
Lower Level*

*(enter through door at end of
ramp on Plain Street)*

*1001 Ridge Street,
La Porte, IN 46350*

Pre-registration
required at:

City of La Porte
Park & Rec. Dept.
250 Pine Lake Ave.
219-326-9600

CLASS DESCRIPTIONS

ALL CLASSES 30 MINUTES

TODDLER & ME GYM - Ages 18 months to 3 years with caregiver

This is an interactive parent and child class, where the child will develop physically and socially. During the class, parents will assist the child with warm-up activities, balance, climbing, swinging and jumping. These are just a few of the activities you & your little one will enjoy!

PRESCHOOL GYM - Ages 3.5 to 5 years old

This fun program will teach basic gymnastics fundamentals while building confidence, independence, agility and coordination. Class will follow a circuit format, while learning skills such as forward rolls, handstands, cartwheels, strength and flexibility. Each class the child will practice bars, beams, floor & tumbling skills and other active fun!

KINDER GYM - Ages 5 to 6 years old

This class focuses on the fundamentals of the sport. Children will learn basic terminology and gymnastics skills while improving their strength, flexibility, coordination, agility and self confidence. Each class the child will practice bars, beams, floor and tumbling skills. Shaping and stations will help your child build a strong foundation while having fun and learning new skills!

ABOUT THE INSTRUCTOR

Christie is a mom of two, yoga teacher, owner and founder of Divine Child Yoga and has over 10-years experience coaching recreational, developmental (pre-team) and competitive gymnastics.

She was the Program Director for FlipStar Gymnastics Academy for many years before relocating to LaPorte. She is First Aid, CPR and AED certified and confidently leads developmentally appropriate yoga & gymnastics classes in a safe, fun and supportive environment for all ages and abilities!

CLASS DATES & TIMES**

***Class times subject to change based on enrollment.*

4:30-5:00 P.M. - PRESCHOOL

5:05-5:35 P.M. - TODDLER & ME

5:45-6:15 P.M. - KINDER GYM

SIX-WEEK SESSIONS

MONDAYS 1/15-2/19

TUESDAYS 2/20-3/26

Pre-registration deadline one week prior to start of session. *Student minimums required for classes. Class space limited to 8 students.*



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"I'm so excited to share my passion for teaching movement, fitness, and fun to La Porte's little ones!" ~ Christie

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Need-Based Scholarships are offered to assist youth who do not have the financial means to participate in recreation programs. To apply for assistance, contact Recreation Director Pam Carroll at pcarroll@cityoflaportein.gov. Scholarship forms are available on our website.

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